

**free** *public lecture & discussion series*  
**makingpeace:** *meditations on activism*

# growing power



As the scourge of food deserts and the “urban farming” movement have gained attention over the past several years, Growing Power has emerged as a national leader in helping to provide equal access to healthy, high-quality, safe and affordable food for people in all communities.

Please join us for our next Meditations on Activism event as we hear from Growing Power’s National Outreach Manager Erika Allen about Growing Power’s work to cultivate not only urban crops but a peaceful form of empowerment.



*Erika Allen*



**wednesday march 7**  
**7:00-8:30 pm**

**1220 w belmont ave**

refreshments will be provided  
childcare available with RSVP

**Thousand Waves** Martial Arts & Self-Defense Center, NFP

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